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# L.A.B V

## Lyrics & Credits

L.A.B V forthcoming December 17, 2021

Pre-save: <https://ffm.to/labv>



Producer - Brad Kora

Co-Producer - Ara Adams-Tamatea & Dr Lee Prebble

Recorded/Engineered/Mixed at The Surgery Studios, Wellington, New Zealand

Head Engineer - Dr Lee Prebble

Co-Engineer - Ara Adams-Tamatea

Mastered by Mike Gibson at Munki Studios

All elements C & P **LOOP** Recordings Aot(ear)oa 2022

Album UPC Code: 942101824 428 5



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## Can You Be The One

Everybody's in their lane  
I just want to know ya name  
I was born to do, what I wanna do  
Turn around, I can see that face  
I can see your smiling grace  
Now I'm gonna play, all these crazy games

Can it be the night  
Can you be the one  
Hold me in your arms  
From the moon to the sun

Now I know what you think of me  
Cos I can read you like a book  
Didn't have to say, we can go our way  
Ah, look at me, you can turn that cheek  
I can tell you what ya need, yeah  
See it's in your eyes, no you can't deny

Can it be the night  
Can you be the one  
Hold me in your arms  
From the moon to the sun

Eyes, your eyes  
Can't lie, to me

**- Song written by B Kora**

**- Lyrics by B Kora**

**- Arranged by L.A.B**

**Bass - A Adams-Tamatea**

**Drums / Percussion / Backing Vocals - B Kora**

**Keyboards / Glockenspiel / Backing Vocals - M Gregory**

**Acoustic Guitar / Backing Vocals - S Kora**

**Electric & Acoustic Guitar / Lead & Backing Vocals - J Shadbolt**

**String Arrangement - Mahuia Bridgman-Cooper**

**Strings: The Black Quartet ft. Mahuia Bridgman-Cooper, Peau Halapua & Joe Harrop**

**Strings recorded at Mmm Studio, Auckland**

**ISRC Code: NZLP02200720**



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## All Night

Saturday night

I can feel it

All night

- Song written by L.A.B

- Lyrics by L.A.B

- Arranged by L.A.B

Bass - A Adams-Tamatea

Piano / Vocals - M Gregory

Drums / Percussion / Moog / Vocals - B Kora

Acoustic Guitar / Clavinet / Vocals - S Kora

Electric Guitar / Vocals - J Shadbolt

String, Flute & Horn Arrangement - Mahuia Bridgman-Cooper

Strings: The Black Quartet ft. Mahuia Bridgman-Cooper, Peau Halapua & Joe Harrop

Strings recorded at Mmm Studio, Auckland

ISRC Code: NZLP02200721



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## Mr Reggae

Oh na na na na na na, it's okay, woah, hey  
I hear music, I hear music  
Oh oh oh

Like to tell someone, how to be as one  
They won't come out  
They won't come out to sing my song  
Mr Reggae, won't you help me now  
To sing a song about today

I hear music (run with it)  
I hear music (going with it)  
Oh oh oh (sing with me)  
I hear music (run with it)  
I hear music (I can't go)  
Oh oh oh (we're gonna run with it one more time)

Just like birds of a feather  
we got to sing together  
And spread our love along this lonely land  
We've got to realise  
We've got to stop the lies  
We've got to love this land and give it a helping hand

I hear music (run with it)  
I hear music (going with it)  
Oh oh oh  
I hear music (run with it)  
I hear music (gone with it)  
Oh oh oh (we're gonna run with it, no time)  
Oh oh oh (we're gonna run with it one more time)

**- Song written by Billy Kauai**

**- Lyrics by Billy Kauai**

**- Arrangement by L.A.B**

**Bass / Synth - A Adams-Tamatea**

**Piano Solo / Organ / FX / Backing Vocals - M Gregory**

**Drums / Percussion - B Kora**

**Piano / Bubble - S Kora**

**Electric & Acoustic Guitar / Lead & Backing Vocals - J Shadbolt**

**Guest Vocals - Reiki Ruawai**

**ISRC Code: NZLP02200722**



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## Under The Sun

Well I've been waiting on the cold line  
For a moment you called on the phone  
Ooh I needed to find  
A reason to come back home, oh yeah

And can you hear me out on the freeway?  
Got my hand out and nowhere to go  
You see it's cold in the night  
And I'm trying to get back home

You see I'm taken away by the things you say  
When you called me on the phone  
You told me I need to be working it night and day, oh yeah  
But someone else told me to leave it alone  
And go and live your life  
I took the words that he said, running away from life

Cause I can feel it  
For the first time  
Leaving here I wanna come home  
I can feel it  
Cos the country is all I know  
Cos I can feel it  
Like the old times  
People treat me strong and warm  
Cos I can feel it  
Cos it's loving is all I want

Now it's easy to see that life ain't easy  
Everybody wants it all  
So can I tell you my story  
Changes and so much more

If you only believe what it means to be free  
Some day you will be the one  
Cause no one else can break you under the sun

Cause I can feel it  
For the first time  
Leaving here I wanna come home  
I can feel it  
Cause the country is all I know  
Cause I can feel it  
Like the old times  
People treat me strong and warm



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Cause I can feel it

Cause it's loving is all I want

**- Song written by B Kora**

**- Lyrics by B Kora**

**- Arrangement by L.A.B**

**Bass - A Adams-Tamatea**

**Piano / Organ - M Gregory**

**Drums / Percussion - B Kora**

**Acoustic Guitar - S Kora**

**Electric & Lap Steel Guitar / Lead & Backing Vocals - J Shadbolt**

**ISRC Code: NZLP02200723**



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## Real Ones ft Kings

Yeah, sad pictures in my mind, punchline  
Real ones gon' protect you when ya light shine  
Fake ones gon' respect ya in the night time  
Real ones gon' respect ya til' ya light die

But I spent too much time chasing ghosts  
Cos I thought it would be worth it  
And I let all the real ones down

Yeah, bad \*\*\*\* come and go, that's the punchline  
Real ones gon' protect you when ya light shine  
Fake ones gon' respect you in the night time  
Real ones gon' respect you til' ya light die

Real ones bleed with you on the frontline  
Fake ones always show up when they want time  
Real ones gonna show up at the right time

But I spent too much time chasing ghosts  
Thought it would be worth it  
And I let all the real ones down  
Who didn't deserve it  
Now I got all the things I want  
Thought it'd be perfect  
But it's uncomfortable  
And I'm missing you

I'm missing you  
There is no one who could take your place

Yeah, sad pictures in my mind, punchline  
Real ones gon' protect you when ya light shine  
Fake ones gon' respect ya in the night time  
Real ones gon' respect ya til' ya light die

Real ones bleed with you on the frontline  
Fake ones always show up when they want time  
Real ones gonna show up at the right time  
Through the tough times  
Real ones stand up like civil rights lines  
Fake ones stand out like a lunch line  
Fake ones never share when it's lunch time  
Real ones stay with you even with a heartbreak  
Real ones celebrate, reminiscing cigar taste  
Real ones gone remind you in the grass there are snakes



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Real ones gone remind you the fuel that ya heart takes

But I spent too much time chasing ghosts  
thought it would be worth it  
And I let all the real ones down  
Who didn't deserve it  
Now I got all the things I want  
Thought it'd be perfect  
But its uncomfortable  
And I'm missing you

**- Song written by Kings**

**- Lyrics by Kings**

**- Arrangement by Kings & L.A.B**

**Moog Bass – A Adams-Tamatea**

**Piano – M Gregory**

**Synths – S Kora**

**Vocals – J Shadbolt**

**Drum Programming / Rap – Kings**

**String Arrangement – Mahuia Bridgman-Cooper**

**Strings: The Black Quartet ft. Mahuia Bridgman-Cooper, Peau Halapua & Joe Harrop**

**Strings recorded at Mmm Studio, Auckland**

**ISRC Code: NZLP02200724**



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## Oh Honey

Ooooh honey

Don't leave me please

Give me time, to make amends

Oh honey

I can't believe, no,

Oh that guy, that other man

Can you see me, yeah

See I'm working, yeah

But your eyes look over me

Now I'm feeling like you don't want no more

But in time, love will play its course

Ooooooh money

I have nothing

But my heart for you is rich

See I know knowing

But what you believe

I work hard for you and me

Ohh, he has everything, yeah, a man could ever dream

But I know, I'll make it there

I'm working so hard my body hurts

But it's you that plays my curse, yeah

Oh honey, it's you and me, yes it is

Thank you lord, for hearing me

Oh money, we got it all

I can feel you

You next to me

- Song written by B Kora

- Lyrics by B Kora

- Arrangement by B Kora

Bass - A Adams-Tamatea

Piano / Rhodes / Glockenspiel / Backing Vocals - M Gregory

Drums / Percussion / Glockenspiel / Backing Vocals - B Kora

Electric Guitar / Keys Strings - S Kora

Electric Guitar / Lead & Backing Vocals - J Shadbolt

String Arrangement - Mahuia Bridgman-Cooper

Strings: The Black Quartet ft. Mahuia Bridgman-Cooper, Peau Halapua & Joe Harrop

Strings recorded at Mmm Studio, Auckland

ISRC Code: NZLP02200725



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## Like Fire

Oooh you went on and played up

Outta control for me baby  
I don't know where to go  
Do you believe that I'm crazy  
I really gotta know  
Nobody else can tell me which way  
Only you can make me feel good

Like fire (ooooh)

Give me that baby  
Gimme love, gimme that feeling  
Got my hands to the ceiling  
Taking it higher, causing that fire  
Cause and effect, make me not forget  
I just want to make you feel love

You went on and played up

- Song written by B Kora  
- Lyrics by B Kora  
- Arrangement by L.A.B  
Bass / MPC / Synths – A Adams-Tamatea  
Synths / Organ / Backing Vocals – M Gregory  
Drums / Backing Vocals – B Kora  
Synths – S Kora  
Electric Guitar / Lead & Backing Vocals – J Shadbolt  
ISRC Code: NZLP02200726



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## Backseat

Friday night,  
Oh, so busy now  
Friday night, yeah

See there ain't no time, to hold back now  
Working so hard, and my hands ain't pretty  
Friday night

Oh it's time to hear the bell ringing  
Telling me it's time to go home  
Now we're walking through the city  
Tryna make it through the cold  
Friday night

Friday night,  
Oh, so pretty now  
Friday night, yeah

Said I can't seem to hold back now  
Hands are tied and I'm a free man running  
Friday night

Now it's time to pay the lady  
For some lovin', she ain't free  
Turned around, and she said baby  
You're the only one for me

Friday night  
I can feel ya baby  
Take me home

In the backseat baby, woah, woah  
In the backseat baby

I was cool but now I'm crazy  
Livin' life on all the streets, yeah  
People come and go, it don't phase me  
A lonely man but I am free

Now I know just what I'm doing  
You can turn the other cheek  
It's my life that I am living  
Or it's something that I need  
Friday night, well well well



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In the backseat baby, woah, woah  
Can you feel me now

- Song written by L.A.B

- Lyrics by B Kora

- Arrangement by L.A.B

Bass – A Adams-Tamatea

Keys / Backing Vocals - M Gregory

Drums / Percussion / Backing Vocals - B Kora

Electric & Acoustic Guitar / Lead & Backing Vocals - J Shadbolt

Flute / Saxophone - Louisa Williamson

String Arrangement - Mahuia Bridgman-Cooper

Strings: The Black Quartet ft. Mahuia Bridgman-Cooper, Peau Halapua & Joe Harrop

Strings recorded at Mmm Studio, Auckland

ISRC Code: NZLP02200727



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## I Know

No no, no, no  
I know, I feel in my soul  
I'm losing, losing control  
I need to know, your flow  
Can we take it slow?  
I want to see, what you mean to me

I can't see straight  
I know when you feel it  
This could be fate, I know

Now that I know  
That feel in my soul  
This music is taking control  
I feel so free, I see  
The joy and the glee  
My heart, the music in me

I can't see straight  
I'm loving the music  
This could be fate, I know

Can you believe it, I'm living my life  
Got me a reason to pour me some wine  
Living a dream, yeah, feeling so fine  
We've been achieving time after time

Cos I can't see straight (I'm mellowed in the music)  
This could be fate, I know

- Song written by B Kora  
- Lyrics by B Kora  
- Arrangement by L.A.B

Bass – A Adams-Tamatea  
Organ / Harpsichord / FX / Backing Vocals – M Gregory  
Drums / Percussion / Backing Vocals – B Kora  
Clavinet / Piano / Bubble / Electric Guitar – S Kora  
Electric Guitar / Lead & Backing Vocals – J Shadbolt  
Saxophone – Bryn Van Vliet  
Trombone – Kaito Walley  
Trumpet – Jack Harre  
ISRC Code: NZLP02200728



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## Proud Man

I'm a proud man

Who took my land, from me  
I wanna know what you believe, hey, hey  
Who shook my hand, who agreed  
I don't understand, what that means

See now, hear when I'm calling  
Help me, I can see  
I saw you, calling out my name  
The devil is a calling, I need you in my life  
He's taking everything away  
My money and my wife

Who took my land, from me  
Who took my land now, from me  
Oh, I'm a proud man (I'm a proud man)  
And I'm begging on my knees, yeah

I'm a proud man

- Song written by B Kora  
- Lyrics by B Kora  
- Arrangement by L.A.B  
Bass - A Adams-Tamatea  
Keys / Synths - M Gregory  
Drums / Percussion - B Kora  
Electric Guitars / Organ - S Kora  
Electric Guitars / Lead & Backing Vocals - J Shadbolt  
Saxophone 1 - Louisa Williamson  
Saxophone 2 - Bryn Van Vliet  
Trombone - Kaito Walley  
Trumpet - Jack Harre  
ISRC Code: NZLP02200729



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